Evil Mad Scientist Decoder Ring:: South Indian Restaurant Menu Soupy dishes and stews Aviyal Yoghurt, coconut and vegetable soup Chutney Savory sauces for dipping or spreading. Some are powders, meant to be mixed with oil/ghee before use. Kozhambu/kazhambu A yoghurt based soup Kurma/Korma A rich creamy sauce More Kazhambu Pumpkin (or other vegetables) in a yoghurt based soup Pachadi Yoghurt side dish Raita Cold savory yoghurt sauce. Rasam Thin spicy broth, often made with tomato or tamarind Sambar split pigeon peas) in a tamarind broth Sweet Pongal A soft rice dish made with jaggery (brown sugar) Thicker dishes Idli Steamed cakes made from a fermented lentil and rice batter. Kootu Lentil and vegetable dish Pickle Preserved vegetables, often very spicy and/or salty. Common types incude lemons, chilis and unripe mango. Porial/poriyal A shallow-fried vegetable dish Rava Kitchadi A savory dish made with semolina or cream of wheat Sabji/sabzi Spicy vegetable dish Savory Pongal A thickened dish made with rice or semolina and lentils A thickened mixture of semolina or cream of wheat, Upma/uppuma cooked with some lentils and spices Giant crepes and their friends Adai Dosa made from chickpea, mung bean, and black lentil flours. Adai Aviyal An adai dosa with Aviyal soup. Dosa Plain (but huge) crepe made from a fermented batter of rice and black lentil flours. Masala Dosa Dosa filled with mildly spiced mashed potatoes. Mysore Dosa Dosa with red chili chutney spread on the inside.

Uthappam Thicker pancake made from dosa batter, with veggies mixed in.

Rice dishes Biryani Rice cooked with spices and vegetables or meat.

Pulav/Pulau Rice cooked with spices and maybe a few peas. **Beverages** Lassi Thinned yoghurt drink. Often sweet, salty, or mango flavored. Masala Tea/Chai Spiced hot tea with milk, usually sweetened

Flatbreads Phulka Kurma Griddle bread with kurma sauce.

Chappati Grilled thin whole wheat flatbread. Much like a four tortilla. Pappad/appalum Large thin cracker made from lentil flour. Fried or roasted. Parantha/Parotta Layered unleavened flatbread. Often stuffed or filled. PhulkaLike chappati; often cooked directly over a flame to puff it up. Roti General term for unleavened flat bread usually cooked on

Batura A very large poori. Bonda A vada variant. Pakora/Pakoda Vegetable fritters, fried in chickpea flour batter. Poori/puri Deep fried flat bread. (Similar to chappati but fried.) Vada A fried toroid or disk of lentil flour dough. Medu VadaVada with chutney and sambar. Rasa Vada, Sambar Vada Vada with rasam, Vada with sambar.

Fried dishes

Desserts Gulab Jamoon Fried ball of milk powder and yoghurt cheese served in syrup. Halwa A thickened milk based dessert made from various ingredients. And briefly...

Aloo...... Potato Baingan.... Eggplant Bhindi...... Okra Brinjal..... Eggplant

Dry..... w/o sauce Gajar...... Carrot

Ghee...... Butter

Channa.... Chickpeas Chole...... Chickpeas Curd...... Yoghurt Dal..... Lentil/bean

Gravy..... w/ Sauce Jeera..... Cumin Kathirikkai.... Eggplant Kofta..... Dumplings Malai..... Cream

Mutter..... Peas

Bajji Sliced onion pakoras.

Gobi Cauliflower Gram..... Chickpea/lentil Masala..... Spice blend Methi..... Fenugreek Moong dal Mung bean

a griddle. (Examples: chappati, phulka, and paratha.)

Palak..... Spinach Paneer...... Yoghurt cheese Pista..... Pistachios Saag..... Spinach Toor dal.... Split pigeon peas Urad Dal... Black lentils

Rajma...... Kidney beans andhra, Regions and/or Malabar, regions Mysore..... specialties